

**Paula Levinrad, LCSW, CADC1**  
**Paula Levinrad, P.C.**

**Welcome to our office!**

Please take a moment to read the information below and then locate the appropriate intake form (adult, child or adolescent) to complete by clicking on the following link:  
<http://paulalevinrad.com/forms>

**Insurance:**

I am a preferred provider for Pacific Source, ODS, Regence Blue Cross Blue Shield, MHN, LifeWise, MultiPlan Network, PHCS and Reliant. Many other insurance companies will cover a percentage of my fee as an out-of-network provider, depending on the company and your plan, and I can help you find out more about this.

You may want to call ahead to your insurance company to ensure that your coverage does not require pre-authorization, and to find out your current co-pay and deductible.

Services may be covered in full or in part by your health insurance or employee benefit plan. Please check your coverage carefully by asking the following questions:

- Do I have mental health benefits?
- What is my deductible and has it been met?
- How many sessions per calendar year does my plan cover?
- How much does my plan cover for an out-of-network provider?
- What is the coverage amount per therapy session?
- Is approval required from my primary care physician?

**Cancellation Policy:**

I require at least 24 hour advance notice to cancel your scheduled appointment or you will be charged for your missed appointment.

**To find our office, click on: <http://paulalevinrad.com/contact>**